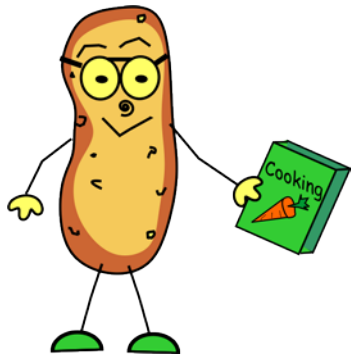


Stew Pots Recipe Worksheet



Instructions

Enter your recipe ideas to be approved by Stew! Be creative, have fun, and think of them as healthy alternatives to help other kids eat healthy too! You can submit one recipe idea, or recipe ideas for all four meals. Be sure to include a name for each recipe, and put your name as instructed below.

HEALTHY BREAKFAST RECIPE

HEALTHY LUNCH RECIPE

HEALTHY DINNER RECIPE

TWO HEALTHY SNACK IDEAS

My name is : _____ I live in: _____ My Age Is: _____
(Please put only your First name, and first initial of your Last Name Only.) (Name of the State you live in.) (Your Age)